

SMOOTHIES

25 grams of protein in each smoothie! 24 OZ. 6.40 • 14 OZ. 4.50

Banana Cream (255 cal.) almond milk, banana, vanilla protein

Blueberry Cobbler (207 cal.) blueberries, oats, cinnamon, vanilla protein, turbinado

Blue Moon (135 cal.) almond milk, spirulina, blue razz lemonade aminos, vanilla protein, caffeine (from green tea extract)

Caramel Apple (220 cal.) green apple, apple aminos, vanilla protein, pb2, turbinado

Chocolate Lovers (240 cal.) organic cocoa, banana, chocolate protein

Fruity Loop (260 cal.) blueberries, strawberries, banana, vanilla protein

Grape Escape (175 cal.) grape aminos, blueberries, vanilla protein

Green Machine (180 cal.) greens mix, spinach, pineapple, vanilla protein, turbinado

Mango Madness (165 cal.) mango, vanilla protein, mango aminos

Morning Sunrise (140 cal.) coffee, nutella, chocolate protein

Apple Pie (175 cal.)

PROBIOTIC: immune system, digestive health
VITAMIN C: immune system, antioxidant
VITAMIN D: immune system, nervous system, fights depression

BCAA: repair, recover, rebuild muscles

CHIA SEEDS: source of omega fatty acids, fiber, energy

COLLAGEN: hair, skin, nails, bones, and joint support

CREATINE: supports muscle strength, power, size

FIBER: digestive support

GLUTAMINE: muscle recovery, boost immune system, intestinal health

GREENS: detoxifying, alkalizing, energizing

MCT OIL POWDER: weight management, thermogenic, energy

MULTI-VITAMINS & MINERALS: boost energy levels, replenish nutrients

NATURAL ENERGY: green tea, guarana seed, camellia sinensis

Orange Dream (190 cal.) orange aminos, peaches, strawberries, vanilla protein

Peach Cobbler (250 cal.) peaches, oats, cinnamon, vanilla protein, turbinado

Peanut Butter Blaster (260 cal.) banana, chocolate or vanilla protein, PB2

Piña Colada (160 cal.) banana, pineapple, pineapple aminos, coconut protein

Powerhouse (177 cal.) spinach, lemon lime aminos, vanilla protein, caffeine (from green tea extract)

Power Punch (145 cal.) strawberries, fruit punch aminos, vanilla protein, caffeine (from green tea extract)

Rocket Pop (220 cal.) rocket pop aminos, strawberries, raspberries, vanilla protein

Root Beer Float (190 cal.) almond milk, banana, root beer aminos, vanilla protein

Strawberry Banana (140 cal.) strawberries, banana, vanilla protein

PROBIOTIC: immune system, digestive health

VITAMIN C: immune system, antioxidant

VITAMIN D: immune system, nervous system, fights depression

PROTEIN OPTIONS 1.00 each

SUBSTITUTE WITH PLANT PROTEIN: vegan, dairy free, gluten free

SUBSTITUTE WITH KETO PROTEIN: 16g fat, 10g protein, 5g net carbs

EXTRA PROTEIN: extra 120 calories, 25 grams of protein

In-store items are also available.

Please inform our team members of any food allergies.